## A Christian's conduct in Church

Before I begin to address the topic of "church conduct," it is important to address the question "Why do we come to church?"

We come to church on Sundays (the Day of the Lord) in order to reafirm our vocation as liturgical beings, to continue our spiritual growth and to strengthen our communion with Christ and His Church which began when we were accepted into the community of the faithful through the Sacraments of Christian Innitiation: Baptism, Christmation and Holy Eucharist (Communion).

For an Orthodox Christian, attending the Divine Liturgy is not only a privilege but an obligation as well. It is a privilege in as much as we, as members of the visible Church are called to bring the Eucharistic elements (bread and wine), be part of their transformation into the Body and Blood of Christ and then, partake of them in the form of the Holy Eucharist, all this in the context of the Divine Liturgy, the highest form of prayer we can offer to God. It is also our obligation to attend the Divine Liturgy, obeying thus one of the commandments of the Church.

In order to benefit the most from our presence in Church we must keep in mind a few rules:

- 1. Come to Church on time (before 10:00) in order to participate in the entire Divine Liturgy.
- 2. If the service is already in progress, you must stop and see what is going on. If you came in during the Scripture readings (Epistle or the Gospel), you should wait at the back of the church until the reading is over and then, quietly, take your seat.
- 3. Pick up the liturgical book and follow closely the service, reading all of the prayers.
- 4. During the Divine Liturgy you are not allowed to talk to other people. You can do that at the end, during the fellowship.