

March 10, 2019: The Cheese fare Sunday

Epistle: Romans 13:11-14; 14:1-4:

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Gospel: Matthew 6:14-21:



“For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. “Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not

appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

On the eve of Great Lent, the Cheesefare Sunday, the Epistle reading reminds us that the time of preparation is over and that the season of spiritual renewal is already upon us: *"The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light."*

The Orthodox Church teaches us that we should never let our (spiritual) guard down, but be constantly on the look out for the temptations of life. If we were to heed the teaching of the Church, these special seasons, such as Great Lent, would constitute a progression to a higher level of spiritual transparency, rather than a start from the bottom: *"Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts."*

In the same context, the Gospel reading of this Sunday teaches us how we can benefit the most of our spiritual journey to Pascha, the Spring of our spiritual renewal;

First, we have to be at peace with our fellow human beings, forgiving their wrong doings against us in order to receive forgiveness from God: *"For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses."*

Second, our fasting should be enshrouded in humility, not seeking praises and compliments from other people: *"But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly."*

Third, our focus in life should be the acquisition of good deeds, as opposed to being obsessed with the material things which have only temporal value: *"but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."*

May God make our spiritual journey a fruitful one and bless us with the gift of forgiveness!

Fr. George Bazgan

Altar boys for this Sunday:

**Arkin Gabriel Corbu
Alexandru Mustea**

Sunday Fellowship

The following families are scheduled to look after
this Sunday's fellowship:

**Mocanu Vasile & Ștefana
Diaconu Constantin & Mariana
Bitea Mioara**

Thank you all very much!

Masă de Perogy

O masă de Perogy va fi organizată de
Societatea Doamnelor, la Centrul Românesc,
în data de 8 martie 2019, între orele 16:30 - 19:30.

MEMBERSHIP

The Board of Directors extends a warm appeal to all supporters of our parish, asking them to pay their membership until Easter.

This way we can ensure that we have the necessary funds to fulfill our financial obligations during the Summer months and for the rest of the year as well.

THANK YOU VERY MUCH!

Tabăra duhovnicească AROLA

Serie de conferințe în
protopopiatele Canadei și
Statelor Unite



Pentru Protopopiatul
Canadei de Vest:

Edmonton
30 martie 2019

Vancouver
13 Aprilie 2019

Cu binecuvântarea ÎPS Mitropolit Nicolae și a PS Episcop Ioan Casian,
AROLA organizează seria de conferințe pentru femeile creștine din parohiile
Mitropoliei noastre cu tema:

Responsabilitățile femeii creștine între tradiție și modernitate



30 martie: Biserica Sf. Împărați Constantin și Elena, Edmonton AB

Conferențiar: Pr. George Bazgan

Pt înscriere contactați: d-na Veronica Ciocan

e-mail: ciocan.veronica.2013@gmail.com, tel 780-964-7427 (mesaj)

13 aprilie: Biserica Sfântul Nicolae, Surrey (Vancouver) BC

Conferențiar: Pr. Corneliu Dragomir

Pt înscriere contactați: Psa. Dr. Mihaela Lapuste, Psa. Livia Liuta



Conferințele se adresează exclusiv persoanelor adulte, fără participarea copiilor.

Se sugerează o donație de \$25 pentru cheltuielile de organizare a taberei.

The Teachings of the Orthodox Church

The Orthodox Church throughout the ages has maintained a continuity of faith and love with the apostolic community founded by Christ and sustained by the Holy Spirit. Orthodoxy believes that, from the time of the Apostles, she has preserved and taught the historic Christian Faith free from error and distortion. She also believes that there is nothing in the body of her teachings which is contrary to the truth or which inhibits the real union with God. The air of antiquity and timelessness that often characterizes Eastern Christianity is an expression of her desire to remain loyal to the authentic Christian Faith.

Orthodoxy believes that the Christian Faith and the Church are inseparable. It is impossible to know Christ, to share in the life of the Holy Trinity, or to be considered a Christian apart from the Church. It is in the Church that the Christian Faith is proclaimed and maintained. It is through the Church that an individual is nurtured in the Faith.

THE REVELATION

According to the Orthodox Church, God is the source of faith. Orthodoxy believes that God has revealed Himself to us, most especially in the revelation of Jesus Christ, whom we know as the Son of God. This Revelation of God, His love, and His purpose, are constantly made manifest and contemporary in the life of the Church by the power of the Holy Spirit.

The Orthodox Faith does not begin with man's religious speculations, or with the so-called "proofs" for the existence of God, or with a human quest for the Divine. The origin of the Orthodox Christian Faith is the Self-revelation of God. Each day the Church's Morning Prayer affirms and reminds us of this by declaring: "*God is the Lord and He has revealed Himself to us.*" While the inner Being of God always remains unknown and unapproachable, God has manifested Himself to us; and the Church has experienced Him as Father, Son, and Holy Spirit. The Doctrine of the Holy Trinity, which is central to the Orthodox Faith, is not the result of pious speculation, but the overwhelming experience of God. This doctrine affirms that there is only One God in whom there are three distinct Persons. In other words, when we encounter either the Father, or the Son, or the Holy Spirit, we are truly experiencing contact with God. While the Holy Trinity is a mystery that cannot be fully comprehended, Orthodoxy believes that we can truly participate in the Trinity through the life of the Church, especially through our celebration of the Eucharist and the other Sacraments, as well as the non-sacramental services.