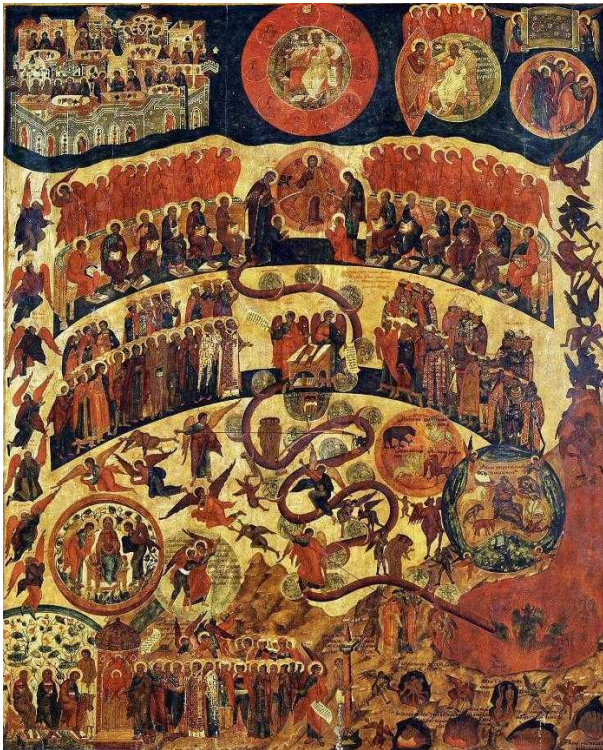


March 7, 2021: The Sunday of the Last Judgment (Meatfare Sunday)

Epistle: 1 Corinthians 8:8-13, 9:1-2:

But food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.

Gospel: Matthew 25:31-46:



“When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, ‘Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ “Then the righteous will answer Him, saying, ‘Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.’ “Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared

for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ “Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?’ Then He will answer them, saying, ‘Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

Eschatology has always been one of those mysteries human mind tried to penetrate and understand. Throughout history, individuals or groups of people pretended to have unlocked this mystery and predicted the exact time and day for Christ's second coming. To their disappointment, and that of their followers, the indicated day came and went without anything unusual happening. This is what happens when people forget what Christ said about this subject: "*It is not for you to know times or seasons which the Father has put in His own authority*" (Acts 1:7).

The belief in the second coming of Christ is one of the tenets of Christianity, which has biblical foundation: "*And while they looked steadfastly toward heaven as He went up, behold, two men stood by them in white apparel, who also said, "Men of Galilee, why do you stand gazing up into heaven? This same Jesus, who was taken up from you into heaven, will so come in like manner as you saw Him go into heaven"*" (Acts 1:11).

Every time we recite the Nicene Creed we re-affirm our belief in the second coming of Christ: "And He shall come again with glory to judge the living and the dead, whose kingdom shall have no end."

The Gospel reading of this Sunday gives us a glimpse into the end of the world (Parousia or the second coming of Christ), although the exact time continues to be veiled in mystery. This comes in the context of the universal commemoration of the dead, observed in the Orthodox Church the day before, on the Saturday of the souls.

Our Lord and Savior is telling us that it is important for us to prepare for the day of His coming again, the day of universal judgement. The criteria by which this judgement will be done are the deeds of Christian love, compassion and mercy, manifested toward our fellow human beings: "*for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.*"

As we draw closer and closer to Great Lent (our spiritual journey to Pascha), let us spend the time wisely, not being concerned with the date of the Lord's coming again but doing everything possible to acquire the good deeds which will render us worthy of hearing the divine invitation: "*Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world.*"

Fr. George Bazgan

Holy Liturgy on Saturdays

As of March 6 (the Saturday of the souls) we will also celebrate the Divine Liturgy on Saturdays until Easter. This, so that we don't exceed the allowable number of people in Church on Sundays. We ask those who have memorial services to limit the amount of food offered in memory of the departed and make donations to various charities: Hope Mission, Mustard Seed, etc.

Thank You!

We are live streaming the Liturgy

As we continue to operate under these restrictions, we are live streaming the Divine Liturgy on You Tube.

To access the Sunday Services, [click here](#).

Sunday Service Attendance

Due to the continuing State of Emergency, and the recent measures imposed by the provincial authorities, the maximum number of people attending Church services is 20.

In order to give more people a chance to attend, we ask those who attended last Sunday, to skip this upcoming Sunday, establishing some sort of a rotation system. Also, only one person from the same family, please!

We apologize for this inconvenience and hope that the restrictions will continue to be relaxed in the near future.

Those who attend, are kindly asked to observe the recommendations of the experts, such as: wearing a mask, washing hands, social distancing, etc.

Thank you all and may God keep us safe!

Prayer at the time of pandemic

O Lord, our God, who are rich in mercy and, with Your wise care, guard our lives, listen to our prayer, receive our repentance for our sins, stop this pandemic, as You have ceased the punishment of the people in the days of King David. You who are the Physician of our souls and our bodies, give healing to those contaminated with this disease, hastily raising them from their bed of suffering, to glorify You, the Most Merciful Savior, and protect those who are healthy from any disease.

Bless, strengthen and shield, O Lord, with Your grace, all those who, with love of people and sacrifice, care for the sick at their homes or in hospitals. Remove all disease and suffering from the people and teach us to value life and health as gifts coming from You.

Grant us, O God, Your peace, and fill our hearts with unwavering faith in Your protection, with hope in Your help, and with love towards You and our neighbor.

For Yours is to show mercy and to save us, O our God, and to You we give glorify: Father and Son and Holy Spirit, now and forever. Amen!

ST. JOHN CHRYSOSTOM

REAL FASTING

I speak not of such a fast as most persons keep, but of real fasting; not merely abstinence from most meats, but from sins as well. For the nature of a fast is such that it does not suffice to deliver those who practice it unless it is done according to a suitable law. So that when we have gone through the labor of fasting we do not lose the crown of fasting, we must understand how and in what manner it is necessary to conduct the business since the Pharisee also fasted, but afterward went away empty and destitute of the fruits of fasting. The Publican did not fast, and yet he was accepted in preference to him who had fasted in order that you may learn that fasting is unprofitable unless all other duties accompany it.

Fasting is a medicine. But like all medicines, though it be very profitable to the person who knows how to use it, it frequently becomes useless (and even harmful) in the hands of him who is unskillful in its use.

I have said these things not that we may disparage fasting, but that we may honor fasting. For the honor of fasting consists not in abstinence from food, but in withdrawing from sinful practices, since he who limits his fasting only to abstinence from meats is one who especially disparages fasting

THE PROOF OF FASTING

Do you fast?

Give me proof of it by your works.

If you see a poor man, take pity on him.

If you see a friend being honored, do not envy him.

Do not let only your mouth fast, but also the eye, and the ear, and the feet, and the hands, and all the members of your bodies.

Let the hands fast, by being free of avarice.

Let the feet fast, by ceasing to run after sin.

Let the eyes fast, by disciplining them not to glare at that which is sinful...

Let the ear fast... by not listening to evil talk and gossip...

Let the mouth fast from foul words and unjust criticism.

For what good it is if we abstain from birds and fishes, but bite and devour our brothers?